



SBIOA NEWS BULLETIN



CHENNAI BECKONS

My dear Comrades

SBIOA (CC) is extremely happy and feel proud that Our Federation has requested us to host the 25th General Council of Our mighty Federation from 26th to 28th May 2012. This will be a conference of celebration, as it is Silver Jubilee Conference and the Iconic Federation President and General Secretary during the tenure have brought the maximum benefits to us. It will be a Celebration of Achievement. With the beating of drums and blowing of bugles. Let the march to Chennai begin. We appeal to all members to make it a historic and epoch making conference.



We stand together !

We rise together !!

Our Unity Long Live !!!

Lead kindly the Light

The mission of our mighty organisation is to improve human well being by paying special attention to the needs of the people who are vulnerable, oppressed and living in poverty. A portion of resource augmented by our Association is diverted towards meaningful and rewarding social work and it is acknowledged by the needy beneficiaries whose blessings will protect the generations of our officers' community.

Let it be General Body Meeting, cluster conferences, woman's day meetings, felicitations our celebrations would start with lending helping hands directly to the Physically Challenged.

Our beloved General Secretary Com. Rishabadas is always interested in arranging blood donations at every function. He used to say that blood is the magic potion that could save the whole mankind. It is a gift we all have inside us to present to those who are injured, sick or in need.

Not only he preaches, he is the prime person to practice. At cluster conferences held at Madurai, Coimbatore and Tiruchirapalli and General body Meeting at Chennai, he was the first person to stand in queue early in the morning for blood donation at Blood Collection Centre. He had never bothered about the period of frequency of the donations or age factor while rendering his blood. His aim is to inculcate the importance of blood donations to others especially in the minds of youngsters. It is worthy to note that the number of donars would swell whenever the General Secretary had donated his blood. Moreover, after gifting his blood, the General Secretary had never shown a trace of tiredness but actively conducted the conferences with vigour and vibrations. That is the strength of his health built by his inner potential and determination.

“Protect the environment” was the concept adopted at our 24th Triennial General Body Meeting. After the declaration of “Go Green”, usage of papers was reduced, usage of electricity was rationalised, greenery by plants are to be brought in and booklets about sustainable approach for environment have been published. To further our activity towards social work and environmental protection, it was decided to donate solar lamps to an underdeveloped village which has no proper electricity, specially focusing poor students of the village.

Vattapakkam in Chingleput District is a village with rough commuting facility and lesser infrastructural amenities. It is located away from the main road and surprisingly an underdeveloped area compared to adjacent fast developing industrial corridors.

A convoy carrying Com. D. Sureshkumar, President and his team of office bearers and Com. T.P.Chandrasekaran, the Regional Secretary, Chennai cluster and his team of office bearers left to Vattapakkam village with sixty solar lanterns. A humble meeting was arranged at the dusk on a church ground at the village with a large number of students and children with beaming eyes, accompanied by elders of the village. The demo of lanterns was performed by the executives of the lantern company with the tips of energising the lamps and its various usages. The lanterns were neatly designed for multiple usage as it could be used as hanging lamp, table lamp at the house and a torch while going to fields during the night. Multi utility, easy maintenance and affordable cost of the lantern appealed the gathering. Apart from the lanterns, the inspiring speeches of our office bearers were applauded by the youngsters.



The President encouraged and inspired the children by setting himself as an example. He belonged to a humble family and could make out success in his life through his hard work. Sincerity and dedication are the tools that can lift the students to higher levels.

The Regional Secretary, Chennai cluster, Com. T. P. Chandrasekaran explained in a simple way to the children about the enthusiasm available with the Bankers to help the socially unfortunate people and their contributions to them. Banks are prepared to lend educational loans and entrepreneurial advances to the needy customers who have approached with clean papers. Students should have confidence to progress and money will not be an obstacle for their prosperity.

Comrade Thomas Franco Rajendra Dev, DGS., went to the level of children in his approach and seeded good thoughts in their minds. He became a darling among the children when he delivered a thought provoking song with self imposing questions (given below), asking the children to repeat every line of the rhyme.

எதனாலே? எதனாலே? வானத்தில் வானவில் எதனாலே?
 நட்சத்திரம் மின்னுவது எதனாலே? தும்பைப்பூ எதனால் வெளுத்திருக்கு?
 ரோஜாப்பூ எதனால் சிவந்திருக்கு? மின்மினி பூச்சியின் பின்னாலடிக்கடி
 விளக்கொண்ணு மின்னுவது எதனாலே? பட்டினி எதனாலே? வறுமை எதனாலே?
 எதனால் எதனால் எதனாலென்று கேள்வி கேட்கும் நேரம் வந்தாச்சு !
 எங்கெங்கே அநீதிகள் தலைவிரித்தாடுதோ அங்கங்கே அங்கங்கே நிமிர்ந்து நின்று
 நெஞ்சும் தலையும் நிமிர்த்தி உயர்த்தி கேள்வியை நீயும் உரக்க கேளு !
 எதனாலே? எதனாலே? எதனாலே?



A beautiful night, with utter calmness of a village, disciplined with uniform darkness except some smoke of light at the meeting venue, became active with the chorus voice of the children repeating the dazzling lines of Com. Franco, advocating for the rights and bold thought of rural youths, was witnessed with delight by all the assemblers. The meeting was over and the office bearers left the village with dilated and heavy hearts. Even at a distance, the vibration set out by the provocation of the song could be realised and the rhythm ethanalaie, ethananlaie should still float in and around the village igniting the fire within the village youths.

Festival of Women Comrades

Celebration of Women's Day of Chennai cluster was held at SBOA Junior college on 10th March 2012 with glowing enthusiasm and fortitude. The function commenced with the welcome address by Lady Representative of Chennai cluster Com. M. Sivakami. The festivity was presided by our Vice – President Com. A. Krishnan. Smt. Saloni Malhotra, the Chief Guest of the function was a young engineer and founder of Desicrew Solutions Pvt. Ltd., an organisation that build knowledge based livelihood prospect to rural women. She is a society concerned entrepreneur and her shelf has been decorated with TIE Stree Shakthi award 2011. Manithan award, Sankalp award etc.



Special addresses were delivered by Com. T. P. Chandrasekaran, Regional Secretary, Chennai Cluster and Com. T. N. Santhana Krishnan, D.G.S., followed by a debate in Tamil headed by the Guest of Honour Smt. Kannaki Swaminathan from Kamban Adipodi Sa. Ganeshan's (Founder of Kamban Vizha Kazhagam) family. Cultural programs by jubilant lady comrades added more colour to the celebration.

Women's Day festive at Coimbatore cluster started with noble activity of donating provisions to the Missionaries of Charity, Mother Teresas Convent at Puliakulam, Coimbatore on 11th March 2012. This gracious deed was appreciated largely by the beneficiaries and the organisers of the charity. Com. M. Arunachalam, Regional secretary of Coimbatore cluster, Com. H. Manikam, Zonal Secretary of Erode Zone, Com. K. Rajaram, Zonal Secretary of Tirupur Zone, Com. Sulochana Srinivasan, Lady Representative of Coimbatore cluster participated at the humble function along with Unit Secretaries of various branches and members.

Tiruchirapalli Zone commenced Women's Day celebrations at the Interview Hall, Zonal office, Tiruchirapalli on 10th March 2012. The gathering was pleased to have a memorable reception from the welcome address of Com. M. Manohari Lady Representative of Trichy cluster. Com. V. Santhanam, Regional Secretary, Trichy cluster offered presidential address with his inspiring speech followed by Com. M. Asok. Deputy Regional Secretary, Trichy cluster. The Chief Guest Smt. Manimegalai, Director of Women Studies, Bharathidhasan University, Trichy was a fitting person to be the guest as she had published 60 research papers and had acquired 7 awards from the Association of Economist under Tamil Nadu Government. Prize distribution and spot Quiz made the celebration a comprehensive one.

Women's day was celebrated at Madurai on 17/03/2012 at our Madurai City Branch, The Chief Guest was Honourable Judge, Taxation Appeals Tribunal, Madurai Corporation Smt. Malliga, Com. A. Krishnan, our Vice President presided over the meeting. Com. Senthikumar, the Regional Secretary explained about the initiatives of the Association in furthering the Women's movement and securing a good working atmosphere to women Officers in the Bank. A syntax water tank, buckets and mugs were presented to the Harijan Seva Sangh sponsored NMR Subburaman Memorial Residential Primary School, followed by cultural show where many of our lady comrades exhibited their versatility in singing and eloquence in debate. Com. Balayogini, lady representative delivered the vote of thanks.



உலக மகளிர் தினம் - சரித்திர நோக்கு

இமைக்காமல் உழைத்து இலக்கினை எட்டு - என பெண்கள் கூளுரைத்த தினமே மார்ச் எட்டு. இது சர்வமும் சாதிக்கப் பிறந்த சர்வதேச மகளிர் தினம். கல்வி, உழைப்பு, பொருளாதாரம், பாலியல் என பன்முகத் தளங்களில் பெண் வர்க்கம் சுரண்டலுக்கு ஆளாகிறது. மரபணுவும், உடலியல் வேறுபாடும், பெண் ஆண் உருவத்தை நிர்ணயிக்கின்றன. ஆனால் உழைப்பிலும், சிந்தனை ஆற்றலிலும் ஆண்களைவிட மகளிர் மண்ணளவிலும் குறைந்தவர் அல்லர்.

ஒழுங்குமுறை ஒத்துவராது என்ற எண்ணத்தில் அடக்குமுறை ஆயுதம் ஏந்தி, தாய் வழிச் சமூகத்தை புறந்தள்ளி, நிலவுடைமை சமுதாயம் அமைக்க ஆணாதிக்கம் வித்திட்டது. அலங்கார புதுமைகளாய் அழகு நிறை பதுமைகளாக சித்தரிக்கப்படுகின்ற பெண்கள், அவர்கள் உணராமலே உடலாலும் உழைப்பாலும் சுரண்டப் படுகிறார்கள். மனபாரம் குறைக்க அழகு நிலையங்கள், உடற்பாரம் குறைக்க பயிற்சி மையங்கள் என வியாபாரம் மேம்படுத்தும் நிறுவனங்கள் ஏராளமாக முளைக்கின்றனவே தவிர பெண்களின் வாழ்வாதாரம் மேலோங்க வழி உருவாகவில்லை.

நியூயார்க். இங்குள்ள ஜவுளி மாவட்டத்தில் ரஷ்யா, இத்தாலி, போலந்து போன்ற நாடுகளிலிருந்து இடம் பெயர்ந்து ஆயிரக்கணக்கானோர் பணியாற்றினர். ஒரு நாளில் குறைந்தது 15 மணி நேரப் பணி. அவர்கள் பயன்படுத்தும் ஊசி, நூல், மின்சாரம், நாற்காலி போன்றவைக்கும் அவர்கள் கூலியிலிருந்து பணப் பிடிமானம், தாமதம் என்றால் அபராதம் என்ற நிலை இருந்தது.

1820களில் புதிய இங்கிலாந்தில் நல்ல வாழ்நிலை, நியாயமான கூலி குறைவான பணி நேரம் மூன்றையும் கோரிக்கைகளாக வைத்து தையல் தொழிற் சார்ந்த சகோதரிகள் தெருவில் இறங்கிப் பேராடினார்கள். மெல்லியாள் அழகுச் சொல்லியலாள் என்று பாடியே பெண்களை சாந்தப்படுத்திப் பழக்கப்பட்டவர்களுக்கு, பூங்கொடிகள் போர்க் கொடிகளாக மாறியது ஏற்புடையதாக இல்லை. காவலர்கள் வெறித்தாக்குதலால் பெண்களின் எழுச்சி கருவறுக்கப்பட்டது.

அமெரிக்க மான்கூசெட் நகரின் லோவெல் மில். இங்கு வாரம் 81 மணி நேர உழைப்பிற்கு மூன்று டாலர் ஊதியம். பெண்களின் பணிச்சுமை ஆண்களை விட அதிகம். வெகுண்டது பெண் இனம். 1831ல் கலர்க் கொடிகள் ஏந்தி மலர்க்கொடிகள் போராட்டத்தில் குதித்தனர். 1844ல் லோவெல் உழைக்கும் பெண்கள் மறுசீரமைப்புக் கழகம் உதித்தது. முதற் கோரிக்கையே ஒரு நாளைக்கு 10 மணி நேர வேலை என்பதுதான்.

ஆனால்... உலகம் முழுவதும் தோன்றிய உள்நாட்டுப் போர்களால் அதிகமான விதவைகள், ஆயிரக் கணக்கானோர் உழைப்பை நாடி தொழிற்சாலைகளை அண்ட வேண்டிய பரிதாபம். ஆண்களோ தொழிற்றுறையிலே பெண்களை போட்டியாக கருதினர். எனவே, பெண்களை தேசிய தொழிற்சங்கத்திலிருந்து விலக்கினர். 1857 மார்ச் 8ம் நாள், தோல் தொழில், குடை தொழில், தையல், ஆடைத் தொழில், இயந்திரத் தொழில், துணி துவைக்கும் தொழில் என அனைத்து தொழில்களிலும் ஈடுபட்டிருந்த பெண்கள் ஒன்றாகத் திரண்டனர். ஆனால் முதலாளிகளால் ஏவப்பட்ட காவலர்கள் பெண்களையும் குழந்தைகளையும் நசுக்கினர். நீதித்துறை பெண்களுக்கு எதிராக இருந்தது. இருப்பினும், பிரளயத்திற்கு நடுவிலும் பூ பூத்தது. இரண்டு ஆண்டுகள் கழித்து பெண்கள் தங்கள் சங்கத்தை புதுப்பித்தனர். ஒரு கிடங்கு தீப்பிடிக்க 146 தொழிலாளர்கள் பெரும்பாலும் 13-25 வயது பெண் பிஞ்சுகள் கருகினர். அவர்களின் உயிருக்கு 75 டாலர் விலையினை அதிகார வர்க்கம் நிர்ணயித்தது.

கிளாரா ஜெட்கின் ஒரு பெண் போராளி. அவரின் முயற்சியால் உலகப் பெண்கள் தங்கள் கோரிக்கைகளை முன்வைத்து மார்ச் 8ம் நாளில் முன்மொழிந்தார். அந்த மார்ச் 8ம் நாளினை கோபன்ஹேகன் மாநாடு சர்வதேச மகளிர் தினமாக அறிவித்தது. 1917ல் நடந்த பெண்கள் தின எழுச்சி, ரஷ்யப் புரட்சிக்கு உதவியது.

காலங்கள் மாறிவிட்டன. அவலங்கள் மாறவில்லை. இந்தியப் தொழிலமைப்பில் 93% பேர் முறைசாராத தொழிலாளிகள். இதில் கணிசமாக பெண்கள். சம்பளப் பிரச்சனைகள், பாலியல் அத்துமீறல், வன்முறை என பல கோரங்கள் அரங்கேறவே செய்கின்றன. இன்று வரை பெண்களுக்கு 33% இட ஒதுக்கீடு கொடுப்பது விக்கிரமாதீதன் கதை போல் முடிவற்று நிற்கிறது.

பெண்மை என்பது உயரிய தத்துவத்திற்கு உட்பட்டது. சிகை அலங்காரத்திலும், வண்ணப் பூச்சினிலும் அதனை சிதைத்துப் போட வியாபார நிறுவனங்கள் விரிந்துத் திரிகின்றன. பெண்களின் சிந்தனை, இலக்கினை நோக்கி இயங்கினால் இந்த நாட்டின் அத்தனை ஆதாரங்களும் உயிர்த்தெழும். **பெண்ணே, மங்கையராய் பிறந்தது மாதவம் செய்ததினால் என்று மத்தளம் கொட்டு - இன்று மார்ச் எட்டு.**

Our General Secretary Com. Rishabadas addressed the Annual General Body of Bengal Circle at Kolkata on 5th February 2012 and the Triennial General Body of Bhopal Circle on 4th March 2012. Com. Thomas Franco, DGS attended the Triennial General Body of Ahmedabad Circle on 26th February 2012 and Annual General Body of Bhubaneswar Circle on 11th March 2012.

Wedding Bells

Sow. R. Harshavardini, D/o Sri J. Ramesh Babu, DM, CAC, Chennai, ZS, SBIOA (CC) Chennai Zone I, married Chi. B. Tilak Narayanan on 23.11.11 at Chennai.

Chi S. Sriman Adhithya, SBI, Chinnasalem, S/o Sri T. Surya Narayanan, AM, Tiruchendur married Sow Oviyapriya Arulenthil on 27.11.11 at Ulundurpet.

Chi. B. Chiranjeevi Raja, S/o Sri. R. Balasubramanian, Mgr, Chengalpattu married Sow. R. Saisheela on 27.11.11 at Chennai.

Sow. Dr. K. Krithika, D/o Sri K. Kandasamy, CM, AU, Madurai married Chi. Dr. S. Arunprasad on 27.11.11 at Tiruchengode.

Chi. M.S.B. Amith Kumar, S/o Sri M.S. Babu, AM, PB Besant Nagar, Chennai married Sow. J. Preethi on 27.11.11 at Madurai.

Sow. E. Aarthi, D/o V. Elangai Arasan, Mgr, AU, Madurai married Chi. M.N. Ranjith on 30.11.11 at Tuticorin.

Chi.S. Prabhu Shankar Adhithya Sethupathy, S/o Sri S. Shanmuga Kumarasamy, AGM, IFB Chennai married Sow. R. Maheswari on 01.12.11 at Chennai.

Chi. M. Sathyanarayan, S/o Sri S. Muthusamy, DM, RACPC Chennai married Sow. S. Sailavanya on 01.12.11 at Chennai.

Chi. N. Murugan, RMRO, Vadiveeswaram Br., Nagercoil married Sow. S. Thanalekshmi on 04.12.11 at Pavorochathiram.

Sow. M. Ramya, D/o Sri N. Mohan, CM, SMECCC, Chennai, married Chi. B. Arun on 04.12.11 at Chennai.

Sow. C. Dhivya, D/o Sri K. Chandrasekaran, AGM (Law), Chennai LHO married Chi. E. Krishnakumar on 05.12.11 at Thanjavur.

Sow. M. Goutham Priya, D/o Shri S. Mahendran, DM, Polipakkam Br. married Chi S. Madhanraj on 19.01.12.

Sow. Sarada, D/o Sri Vysyaraju Sasibhushanaraju, Mgr, CCPC, Chennai married Chi Kasivisweswara Rao on 16.02.12 at Parvathipuram.

Sow. S. Bharathi, D/o Sri P. Sridar, Mgr, Chennai LHO married Chi. K.K. Thanigaivel on 18.12.11 at Chennai.

Sow. Juanita, D/o Sri Joju Dominic, AM, Trichy married Chi. Sundeep on 28.12.11 at Thrissur.

Sow. S. Dhivya Roobini, D/o Sri M. Swaminathan, Pondicherry, married Chi. S. Manikandan on 19.01.12 at Chennai.

Sow. Sripadmini, D/o Sri N. Seshadri, BM, Nadukuppam married Chi. Balaji on 19.01.12 at Puduchery.

Chi T.J. Sakthimanickam, AM, Rameshwaram married Sow. N. Elakkiavalli on 19.01.12 at Trichy

Sow. P. Rini Antony, D/o Sri P.K. Anthony, Mgr, Ganesapuram married Chi J. Vinod Kevin on 26.01.12 at Coimbatore.

Chi B. Rajapandian, AM, Tallakulam Br. married Sow. K. Rajeswari on 27.01.12 at Nagercoil

Sow. T. Divya Vaishnavi, D/o Sri S. Tamilventhan, DM, RACPC, Chennai, Zonal Secretary, SBIOA (CC) Chennai Zone II, married Chi. G. Goplasamy on 29.01.12 at Kattumannarkoil, Cuddalore.

Chi. S. Ashwin, S/o Sri S. Sampath Kumar, CM, FSLO, LHO, Chennai married Sow. S. Mythravani on 05.02.12 at Chennai.

Chi. S. Aravind, S/o Sri R. Sivakumar, Mgr, Chennai LHO married Sow. S.R. Mytreiyi on 06.02.12 at Chennai.

Chi. Er. S. Sowmiyan Pratap Selvane, S/o Sri C. Sentamile Selvane, BM, Asakalathur Br. married Sow. Dr. S. Brinda and on 06.02.12 at Puducherry.

Sow. B. Chellapriya, D/o Sri. G. Balasubramanian, Mgr, RBO, Thanjavur, married Chi. S. Balasubramaniam on 06.02.12 at Palayamkottai.

Sow. P. Subha (a) Subhadevi, D/o Sri K. Palani, Mgr, STL, Chennai married Chi. P. Arunagiri, on 09.02.12 at Harur.

Sow. Dr. A.C. Jency Priyadarshini, D/o Smt. K. Maheswari, AM, Chennai married Er. A. Augustine Paul on 10.02.12 at Thanjavur.

Sow Padmavathy (a) Sangeetha, D/o Sri. V.V. Prasad, AGM, RASMECCC, Vellore married Chi. Y.V. Adinarayana (a) Prashanth on 12.02.12 at Chennai.

Sow. R. Dhivya, D/o Sri K. Rangaraj, Manager, SBI, SME Trichy married Chi. S. Chandrasekar on 17.02.12 at Chennai.

Chi. S. Vasanth, S/o Sri D. Suresh Kumar, CM, LHO, Chennai, President, SBIOA (CC) married Sow. C. Shailaja on 19.02.2012 at Chennai.

Chi. N. Ganesh Kumar, S/o Sri S. Nagarajan, AM, Kumbakonam married Sow. Ramya Swaminathan, D/o Sri K. Swaminathan, AM, Kumbakonam on 19.02.12 at Chennai.

Chi. Lt. Cdr. G. Raajadurai, S/o Sri P. Govindan, CM, AU, Madurai married Sow. Dr. R. Karthika on 19.02.12 at Madurai.

Chi. T. Thiruvarangan, AM, SBI, Naidupet Br./S/o Sri M.A. Thirumoorthy, Mgr, SMECCC, Egmore, married Sow. D. Dhivyalakshmi on 24.02.12 at Chennai.

Sow. P. Sakthi (a) Jayashree, D/o Sri. K. Ponmudi, AM, Tennur Br. married Chi. P. Jayaram, SBI on 24.02.12 at Coimbatore.

Chi. Lakshmi Narayanan (a) Raman, S/o Sri R. Sampath, AM, Rameswaram Branch married Sow. Rajalakshmi (a) Bhargavi on 24.02.12 at Chennai.

Chi S. Sivaprakash, S/o Smt. Kalaiselvi Shanmugam, AM, Salem married Sow. R. Mohanapriya on 26.02.12 at Salem.

Sow. A. Surya Prabha, D/o Sri G. Annathurai, AM, Thiruvaidaimarudur married Chi. A. Siva Kumar on 26.02.12 at Kumbakonam.

Sow. Dr. Shilpa, D/o Sri G. Rajendra Kumar, AGM, SBI married Chi. B. Praveen on 4.03.12 at Chennai.

Sow. S. Bhuvaneshwari, D/o Sri S. Sigamani, DGM, SAMB Chennai married Chi. S. Balaji (a) Vinoth on 04.03.12 at Chennai.

Chi. S. Santhosh Kumar, S/o Shri J. Sankar, DM, HVF Avadi married Sow. V. Ashwini on 05.03.2012 at Chennai.

Chi. B.S. Udhaya Kiran, S/o Sri B. Sudhakar, DM, Tiruttani married Sow. P. Sravanthi on 11.03.2012 at Tiruttani.

**RETIREMENTS
DECEMBER 2011**

Sl No. S/Shri Name	Desig	Branch
1. S. Raghunathan	Chief Manager	PSLO, Chennai
2. A. Kulandairaj	Manager	LHO, Chennai
3. R. Ambarasan	Manager	Broadway
4. A. Sundaresan	Dy. Manager	RBO Chingleput
5. C. Kuppan	Dy. Manager	CCPC
6. A. Ramaswami	Dy. Manager	CAC Chennai
7. R.V. Thiagarajan	Chief Manager	Treasury CBE
8. N. Sankar	AGM	AU, CBE
9. R. Ramamoorthy	Dy. Manager	RBO Salem
10. J. Jones Jothinayagam	Dy. Manager	Jallipatti
11. S. Krishnamurthi	Dy. Manager	Sankari
12. V. Chinnasamy	Chief Manager	RCPC, Pammad
13. S. Subbiah	Manager	RBO, Tirunelveli
14. P. Prabalan	Dy. Manager	Pudupet
15. S. Lakshminarasimhan	Chief Manager	SAMB Chennai
16. V. Gopalakrishnan	AGM	MCRO
17. R. Premalatha	Chief Manager	LHO, Chennai

JANUARY 2012

1. I. Rock	AGM	LHO, Chennai
2. N. Krishnamurthy	AGM	OSB, Chennai
3. R. Govindakrishnan	Chief Manager	LHO, Chennai
4. C.R. Ravichandran	Chief Manager	OSB Chennai
5. M.T. Achuthan Nair	Chief Manager	SAMB Chennai
6. N. Suryanarayanan	Manager	Chennai Main

7. P.S. Dhanasekaran	Dy. Manager	LHO, Chennai
8. R. Arul Arasan	Dy. Manager	STL Chennai
9. P.Vasudevan	Dy. Manager	Tirukalikulundram
10. K.N. Dorairajan	Dy. Manager	CCPC, Chennai
11. C. Rajendran	Chief Manager	Kancheepuram
12. K. Chandrasekaran	Chief Manager	RBO Tirupur
13. S. John Packiarajan	Dy. Manager	PN. Road, Tirupur
14. M.A.S. Ben	Chief Manager	Kuzhithurai
15. C. Senthilnathan	Chief Manager	Palayamkottai
16. K. Jaishankar	Manager	RCPC Tuticorin
17. C. Jeyasankar	Manager	RBO Tirunelveli
18. P. Shanmugam	Asst. Manager	Nilakottai
19. B. Madhiyalagan	Chief Manager	RBO Trichy
20. S. Paghavendran	Chief Manager	RASMEC, Trichy
21. Murugan Sadyan	Dy. Manager	Vridhachalam

FEBRUARY 2012

1. R. Srinivasan	Dy. Manager	T. Nagar
2. A. Jayaraman	Manager	A I Estate
3. T.P. Haran	Chief Manager	LHO, Chennai
4. S. Boornu Vijayaraghavan	Manager	Comm Chennai
5. K. Ganesh Raj	Chief Manager	AU Chennai
6. P. Thirusangu	Dy. Manager	Namakkal
7. S. Karunakaran	Manager	CAC Madurai
8. V. Loganathan	Dy. Manager	AU Madurai
9. K. Selvaraj	Dy. Manager	Neyveli
10. N. Balu	Dy. Manager	panruti
11. A. Meiyappan	Manager	Kattur ADB

OBITUARY

With profound grief and deep sorrow we regret to inform that Com. P. R. Thiruve**nkataramani**, Mgr, Concurrent Audit, SMECC/RAGPC Coimbatore expired on 29.02.12 at Coimbatore.

BEREAVEMENT

Com.C. Ravindranath, BM, Dadagapatti Br. lost his father on 02.12.11 at Salem.
 Com. N.M. Sundareswaran, Mgr, Kotagiri Br. lost his father on 03.12.11 at Coimbatore.
 Com. R. Gurunathan, BM, RockFort City Br. lost his father on 05.12.11 at Tiruchy.
 Com. E. Mahendran, BM, Manjalamoodu lost his father on 06.12.11 at Ambasamudram.
 Com. S. Ranganathan, CM, RCPC Tiruchy lost his father on 08.12.11 at Cuddalore
 Com. R. Socrates, DM, SME Virudhunagar lost his father on 09.12.11 at Madurai.
 Com. R. Venkatraghavan, Acctt, Vivekanandapuram lost his mother on 13.12.11 at Kanyakumari,
 Com. B. Sindhu, BM, Chemmanvilai lost her father on 15.12.11
 Com. K. Ravindran, DM, AU Madurai lost his wife on 19.12.11 at Madurai.
 Com. P. Thangaraj, AM, SPIC Nagar, lost his father on 20.12.11 at Tuticorin.
 Com. M. Manikandan, RMRQ, Modagam Br. lost his father on 23.12.2011 at Madurai.
 Com. S. Gurusami, AM, Com. Br, Coimbatore lost his father on 25.12.11 at Coimbatore.
 Com. M. Adhikesavan, CM, Krishnagiri Br. lost his mother on 31.12.11 at Kadalaidi near Tiruvannamalai.
 Com. R. Thirugnanam, AM, Sivakasi Br. lost his father on 04.01.2012 at Cuddalore.
 Com. R. Shanmuga Sundaram, BM, Narasimhanaickenplayam Br. lost his mother on 09.01.12 at Varakkalpattu, Cuddalore Dist.
 Com. G. Chandira, AM, Dadagapatti Br. lost her mother on 14.01.12 at Salem.

Com. K. Balasubramanian, BM, Vilangudi Br. lost his father on 14.01.2012 at Chennai.

Com. G. Raghavan, Mgr, Namakkal Br. lost his father on 21.01.12 near Srivilliputhur.

Com. N. S. Kalpana, AM (S) Kuthur Br. lost her father on 22.01.12

Com. V. Santhanakrishnan, AM, Pudukottai Br. lost his mother on 26.01.12 at Karaikudi.

Com. T. Manavalan, AGM, Premises & Estate Dept, LHO, Chennai lost his mother on 28.01.12.

Com. P. Krishnaraj, Mgr, RCPC, Dharmapuri lost his father on 28.01.12 at Gudalur.

Com. G. Bavanishankar, CM, Kumbakonam lost his mother on 29.01.12 at Mayiladuthurai.

Com. V. Sivasankar, BM, Kuniyathur Br. lost his mother on 05.02.12 at Vellore.

Com. C. Nagarajan, Manager (NPA), AU, Madurai lost his mother on 07.02.12 at Gobichettipalayam

Com. A. Vijayakumar, BM, Karuveppilankurichi ADB lost his father on 14.02.12 at Cuddalore.

Com. P. Sampath, BM, Periamet Br. lost his father on 21.02.12

Com. R. Jayakumar, AM, RAGPC, Coimbatore lost his mother on 29.02.12 at Tirupur.

Com. V. Pandiarajan, DM, Virudhunagar Br. Zonal Secretary, SBIOA(CC) Virudhunagar Zone lost his wife on 04.03.2012

Com. V.G. Jayanthi, AM, SMECC, Coimbatore lost her father on 07.03.12 at Coimbatore.

Com. K. Manivannan, AM, Woriayur Br. lost his mother on 07.03.12 at RS Managalam.

Com. S. Rajaraman, Mgr, Security, LHO, Chennai lost his mother on 08.03.2012

Com. S. Venkatesan, DM, RCPC, Sivaganga lost his father on 10.03.2012.

Com. Murugesan, AM, CCPC lost his father on 17.03.2012 at Salem.

SBIOA Sports Wing - Know the Sport

Sport plays an important role in society. This is perhaps not widely recognised or understood. Sport helps to build communities through social inclusion and a sense of connection. Sport and recreation helps to bind families through shared experiences and shared achievements. Through participation, sport helps address anti-social behaviour and can support education. Sport contributes to economic growth through business investment and employment, and helps sustain the environment through protecting open space and natural areas. It also promotes the use of active modes of transport, such as cycling and walking.

SBIOA Sports wing brings out an article for the benefit of our members to know the basic of every sport. To begin with...

Athletics

Athletics is an exclusive collection of sporting events that involve competitive running, jumping, throwing, and walking. The name is derived from the Greek word "athlon" meaning "contest". When the first sports competitions began in Ancient Greece it was athletics that formed the main part of the games. It is the basic tests of speed and strength that still form the heart of athletics. The most common types of athletics competitions are track and field, road running, cross country running, and race walking. The simplicity of the competitions, and the lack of a need for expensive equipment, makes athletics one of the most commonly competed sports in the world.

Organised athletics are traced back to the Ancient Olympic Games from 776 BC, and most modern events conducted by The International Amateur Athletic Federation (IAAF) was founded in 1912 by 17 national athletic federations. The athletics meeting forms the backbone of the modern Summer Olympics.

Organizations

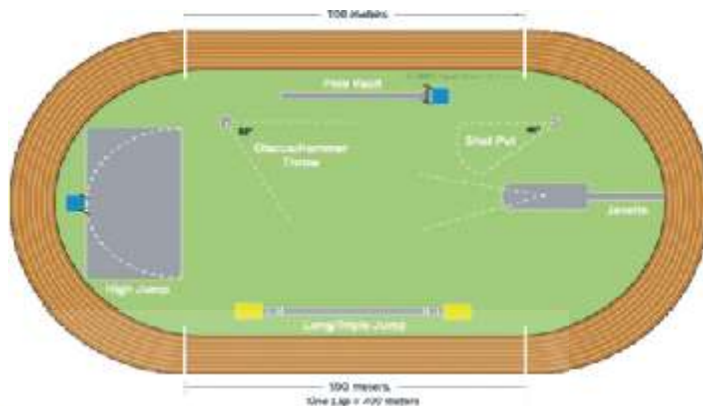
Since its foundation in 1912, the international governing body for athletics has been the International Association of Athletics Federations (IAAF). It was initially known as the International Amateur Athletics Federation but changed later its name to reflect that the sport had moved away from amateurism towards professionalism in the late 1970s. The IAAF has 213 member nations and territories, which are divided into six continental areas (or area associations). The six association areas are for Asia, Africa, Europe, Oceania, North America and South America. The sports within athletics do not have their own independent governing bodies at either international or continental level and, instead, all fall under the athletics authorities.

TRACK & FIELD EVENTS

MEN		WOMEN	
100 metres	20 km walk	100 metres	4 x 100 metres relay
200 metres	50 km walk	200 metres	4 x 400 metres relay
400 metres	Long jump	400 metres	20 km walk
800 metres	Triple jump	800 metres	High jump
1500 metres	High jump	1500 metres	Pole vault
5000 metres	Pole vault	5000 metres	Long jump
10,000 metres	Shot put	10,000 metres	Triple jump
110 metres hurdles	Discus throw	Marathon	Shot put
400 metres hurdles	Hammer throw	100 metres hurdles	Discus throw
3000 metres steeplechase	Javelin throw	400 metres hurdles	Hammer throw
4 x 100 metres relay	Decathlon	3000 metre steeplechase	Javelin throw
4 x 400 metres relay	Marathon		Heptathlon

TRACK & FIELD

A standard outdoor track is in the shape of a stadium, 400 metres in length, and has at least eight lanes 1.22 m in width. Historically, tracks were covered by a dirt running surface. Modern All-weather running tracks are covered by a synthetic weather-resistant running surface, which typically consists of rubber (either black SBR or coloured EPDM granules), bound by polyurethane or latex resins. Older tracks may be cinder-covered.



LONG JUMP/TRIPLE JUMP

Runway Length: Minimum of 35 – 40m. Runway Width – 1.22m

Long jump pit dimensions: Length 9m width 2.75m

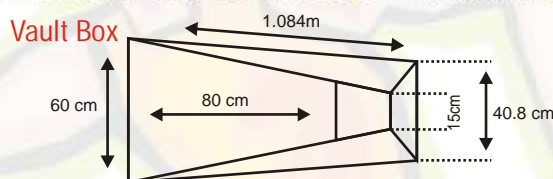
Positions of long jump take off board: 1m from the sand pit

Position of Triple Jump Boards: First board – 9m/ Second Board – 11m from the pit

POLE VAULT

Runway Length: 45m

Landing Cushion: 5m X 5m



Shot put

In open competitions: The men's shot put weighs 7.260 kilograms

The women's shot put weighs 4 kilograms.

Junior, school, and masters competitions often use different weights of shots, typically below the weights of those used in open competitions; the individual rules for each competition should be consulted in order to determine the correct weights to be used.

DISCUS

In open competitions: The men's discus - Weight of 2 kilograms and diameter of 8.66 inches

The women's discus - Weight of 1 kg and diameter of 7.17 inches.

Junior, school, and masters competitions often use different weights of shots, typically below the weights of those used in open competitions; the individual rules for each competition should be consulted in order to determine the correct weights to be used.

JAVELIN

In open competition for Men: The Length and Weight of Javelin is between 2.6 and 2.7 metres in length and 800 grams in weight,

For Women: The Length and Weight of javelin is between 2.2 and 2.3 metres in length and 600 grams in weight.

The javelin is equipped with a grip, approximately 150 mm wide, made of cord and located at the javelin's center of gravity (0.9 to 1.06 metres or 0.8 to 0.92 metres from the tip of the javelin for men's and women's implements, respectively).

HAMMER THROW

In open competition: The men's hammer weighs 7.257 kg and measures 3 feet 11¹⁵/₁₆ inches in length

The women's hammer weighs 4 kg and 3 feet 11 inches in length.

HURDLES

The men's sprint hurdle races (60 m, 100 m and 110 m), which are 42 inches (106.7 cm).

The men's Long distance races called a "high school high" 39 inches (99.1 cm)

"Women's high" used for women's short hurdle races - 33 inches (83.8 cm)

The Women's long distance races "low hurdle" 30 inches (76.2 cm)



Next Issue Basketball.....

Unity Through Sports