

# STATE BANK OF INDIA OFFICERS' ASSOCIATION [Chennai Circle]

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Circular to All Unit Secretaries / Members:

No. 56 /30/ 2018  
29.09.2018

Dear Comrade,

## **REIMBURSEMENT OF COST OF SPHYGMOMANOMETER**

We reproduce hereunder our letter no.ORG/40/2018 dated 28.09.2018 addressed to the Chief General Manager, SBI, Chennai Circle regarding the captioned subject for your information.

Comradely yours,

**(G. SELVARAJ)**

**GENERAL SECRETARY**

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Text of our letter No.ORG/40/2018 dated 28.09.2018

The Chief General Manager  
State Bank of India  
Local Head Office,  
Chennai.

Dear Sir,

## **REIMBURSEMENT OF COST OF SPHYGMOMANOMETER**

The facility of reimbursement of the cost of Glucometer was provided by our Bank vide Circular No.: CDO/P&HRD-PM/51/2013-14 dated 29-11-2013. This has greatly helped our Officers to regularly check their blood sugar level at home and take necessary precautions.

High Blood Pressure is a silent killer and uncontrolled high blood pressure can lead to stroke by damaging and weakening the brain's blood vessels, causing them to narrow, rupture or leak. Over time, this damage prevents the kidneys from doing their job properly and can lead to kidney failure. It is observed that there is

a growing incidence of high blood pressure among our Officers. It is imperative for the officers to check their blood pressure on a daily basis. Bank Dispensaries are functioning with Full/Part time Medical officers at some of the major centres. Those who are posted at these centres are availing the services of the Bank Medical Officers to check their blood pressure at daily. But others were deprived of this facility.

Sphygmomanometer is a medical device used by the Doctors for measuring blood pressure, typically consisting of an inflatable rubber cuff which is applied to the arm and connected to a column of mercury next to a graduated scale, enabling the determination of systolic and diastolic blood pressure by increasing and gradually releasing the pressure in the cuff. Now the device is in digital mode and it is very easy to use by self. Our officers can use this machine to check their blood pressure at their residence in a daily basis, thereby avoid any future critical medical condition. The machine costs around Rs.2000/- only. The device is not only a time saver, but also is cost effective.

We request our Circle Management to reimburse the cost of Sphygmomanometer to all our Officers.

Yours faithfully,

Sd/-

**(G.SELVARAJ)**

**GENERAL SECRETARY**